Spirituality Religiosity And Health A Comparison Of | 6682cb2c746d4a17049a427d222fb3c6
dementiawith practical information on helping them to make use of the power of prayer and to deal with loneliness, fear, and disempowerment an insightful look at a recent major study of residents in aged care facilities in Australia that explores the link between depression and spirituality risk and protective factors associated with suicide in later life and the treatment of depression among elderly patients. The study is unique in that it assesses the effectiveness of a faith-based intervention in treating depression in elderly people, and it demonstrates that such an intervention can be effective in reducing depression symptoms. The authors conclude that faith-based interventions can be a valuable addition to the treatment of depression among elderly people, and they recommend further research to explore the potential of such interventions in other populations. The Power of Spirituality in Therapy: Integrating Spiritual and Religious Beliefs in Mental Health Care by Douglas B. Scharff, MD, and David J. Boren, MD, PhD, is a comprehensive resource for clinicians who wish to learn more about the role of spirituality and religion in mental health care. The book is organized into three parts: an introduction to the field of spirituality and religion in mental health care, a review of the research on spirituality and religion in mental health care, and a discussion of the clinical implications of spirituality and religion in mental health care. The introduction provides a historical overview of the study of spirituality and religion in mental health care, and it discusses the challenges and opportunities associated with integrating spirituality and religion into mental health care. The review of the research is organized around key themes, such as the role of spirituality and religion in the prevention of mental health problems, the role of spirituality and religion in the treatment of mental health problems, and the role of spirituality and religion in the promotion of mental health. The discussion of the clinical implications is focused on strategies for integrating spirituality and religion into mental health care practice, and it provides practical guidance for clinicians who wish to incorporate spirituality and religion into their work.
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people's lives and their health, whether positively or negatively. Health care providers, public policy experts, religious professionals, medical researchers, and medical students will find the book's overview of the issues at stake, particularly the implications for our public health care system, crucial to the advancement of health care practice into the next century. New Dimensions in Spirituality, Religion, and Aging expands the traditional focus of religiosity to include and evaluate recent research and discoveries on the role of secular spirituality in the aging process. Contributors examine the ways conventional religion and other forms of spirituality affect human development, health and longevity, and they demonstrate how myth-creation enables humans to make meaning in their lives. Taken together, the book points to further research to enhance current knowledge, approaches to care, and social policies. Spirituality and Psychological Health examines the relationship between spirituality, religion, and psychological health. Several different psychological approaches are presented in this volume. Topics include developmental issues, diversity issues, and training issues. Spirituality lies at the heart of many clients' core values, and helps shape their perception of themselves and the world around them. In this book, two clinical psychologists provide a much-needed, research-based road map to help professionals appropriately address their clients' spiritual or religious beliefs in treatment sessions. More and more, it has become essential for mental health professionals to understand and competently navigate clients' religious and spiritual beliefs in treatment. In Spiritual and Religious Competencies in Clinical Practice, you'll find sixteen research-based guidelines and best practices to help you provide effective therapy while being conscious of your clients' unique spiritual or cultural background. With this professional resource as your guide, you will be prepared to: Take a spiritual and religious history when treating a client Attend to spiritual or religious topics in a clinical setting Hold clear ethical boundaries regarding your own religious or spiritual beliefs Know when and how to make referrals if topics emerge which are beyond the scope of your competence. This book is a must-read for any mental health professional looking to develop spiritual, religious, and cultural competencies. By the last 3 decades, consistent scientific research has proved that the spiritual-religious dimension is strongly related to human health. Since then, this field and its applications are progressively growing and developing, through: psycho-neuro-immunological-endocrine research; curricular disciplines on medical schools; the bio-psycho-social-spiritual approach as standard for patient-centered integrative healthcare; complementary therapies derived from spiritual traditions became valuable allies; hospitals developing policies to respect spiritual values and necessities; faith-based interventions cooperating with psychosocial initiatives. Each of these movements meets the patients' demands for a comprehensive healthcare with a human approach. However, most healthcare professionals were not educated within the view derived from recent research associating religiosity and health. At the other hand, clergymen tend to receive little or none information about health issues during their theological graduation. Notwithstanding progress in including the religious dimension in the clinical context, there are still many significant obstacles for a real transformation. In this context, "An Examination of Religiosity - Influences, Perspectives and Health Implications" aspires to disseminate the ideal form of clinical healthcare, based on the best available scientific evidence. This work does not have the goal of being exhaustive, but rather aims to be a reliable reference to accompany a paradigm shift. The chapters are original manuscripts of high-standard methodological quality, selected among authors from Austria, Brazil, Egypt, Poland, and the United States. The book starts with a historical trajectory and the current state-of-the-art of spirituality-religiosity as a clinical therapeutic resource. The following chapters explore the relationships between spirituality and religiosity in the areas of physical and mental health in many populations and groups: the general population, college students, older adults, cancer patients, and bereaved parents. The final chapters bring intriguing and challenging models about phenomena involving the nonlocal mind and the brain-independent consciousness. The target audience includes professionals, students and researchers on the fields of clinical healthcare (physicians, nurses, psychologists, among others), multi-professional patient care (social workers, hospital managers, among others), and pastoral support for ill people (professional chaplains, community clergymen, among others).